

SCHOOL PARTNERSHIPS

Because a calmer school starts with *supported families*.

Child psychotherapist and ICF-certified coach, I work with international schools to give parents practical tools and support students going through a harder time — in person or online, wherever your school is.

Conferences for parents

Student support & supervision

In person or remote



Several ways to work with your school

Conferences & workshops for parents

Practical sessions for families — screen time and digital habits as the flagship theme, alongside Positive Discipline or emotional regulation.

Art therapy with students

A sensitive way for students to express what words don't always say, alongside more traditional support.

Support groups for students

Collective spaces for students to share, feel less alone and move forward together.

Meditation & wellbeing program

Guided meditation and a wellbeing program that runs throughout the school year.

Supervision for educational teams

A supervision space for school psychologists, counselors and educators.

Referral for individual support

When a student needs more support, your team can refer the family directly to me.

Why work with me

Psychotherapist and ICF-certified coach, trained in supporting children and families.

Experienced with international, multicultural families — French, English, Arabic.

An interactive, well-sourced teaching style — the same one used in my online courses and corporate workshops.

Available to travel based on your school's needs, in addition to remote sessions.

Let's talk about your project

A few minutes is enough to see what would work best for your school and its families. First conversation is free of charge.

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AVAILABILITY

In person or remote, worldwide